

QUARTERLY NEWSLETTER

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January - March 2022

April - June 2022



SEWA SADAN
EYE
HOSPITAL



"The old, the infirm and the children are all forms of God.
Serve them with heart and soul and win laurels of the Lord"
Paramahans Sant Hirdaram Sahib

Sewa Sadan Eye Hospital, Bhopal, Madhya Pradesh is a multi – specialty eye hospital. It is NABH accredited.

Following the moto 'Our Mission - Your Vision' closely, quality treatment and compassionate care for each patient is the hospital's core strength.

Committed to serving the community, the hospital offers eye care at affordable cost to the needy. The hospital is equipped with 5 latest modular steel operation theatres and cutting edge technology in eye care, aiding in precision diagnosis and treatment.

The newsletter captures our activities over the past two quarters.

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The Chairman's Message



Rev. Siddh Bhauji
(Shri Hotchand Dhanwani)

Chairman

Sewa Sadan Eye hospital (Trust)

Eyes are the most precious organ in human body. World is dark without eyesight. If one's eyes are blindfolded for a while one can very well realize the importance and value of eyesight. Therefore, proper care of eyes is must. However, in rural area there is lack of awareness in this regard. That is why, incidence of cataract is higher. Villagers, normally consider it God's will and are reluctant to undergo surgery. Also, most of them can't afford the cost of surgery. With this fact in view, Sant Ji started organizing free camps. It is learned that Sewa Sadan Eye Hospital has organized 2947 eye camps in rural areas.

Eyesight's of a large number of people were damaged or lost in the wake of Bhopal gas tragedy in 1984. Sewa Sadan Eye Hospital was set up in 1987. So far, over 3 lakh eye surgeries have already been performed. This is a towering achievement of eye surgeons, para medical staff and volunteers engaged in this noble cause.

Besides, over 1904 eye transplantations have also been done so far. People who are blind get the rare opportunity to see the world. The devotion of volunteers during and after the camp is exemplary. Many of the patients break into tears to see the dedication of the volunteers. They say that even their own children can't minister to them with so much devotion and dedication. The services of the hospital are growing day by day due to its excellence and dedication to human cause. People prefer to undergo eye surgeries at this hospital. Swami ji said, "Those who help in restoring eye of people will get inner light kindled by God".

HIGHLIGHTS

Donating for Anganwadi Centres



Managing Trustee, Sewa Sadan Eye Hospital, Shri. L. C. Janiyani with Madhya Pradesh CM, Shri Shivraj Singh Chouhan

Sewa Sadan Eye Hospital Trust wholeheartedly responded to Madhya Pradesh Chief Minister, Shri Shivraj Singh Chouhan's clarion call to donate for Anganwadi children's centre. Sewa Sadan Eye Hospital generously donated ceiling fans, educational material and first aid kit for the anganwadi centres.

Shri L. C. Janiyani, Shri Awatramani along with others from the hospital met the CM on the occasion.

SSEH team in RAAB Survey

As part of a 6-month project between November 2021 – April 2022, a RAAB survey was carried out to find the prevalence of blindness including avoidable blindness due to cataract in Hoshangabad district of Madhya Pradesh. The primary objective was to determine the prevalence of blindness (including avoidable blindness) among the 50+ population in the district.

On 24 May, Madhya Pradesh Chief Minister launched the "Adopt an Anganwadi" campaign in the state. He led the campaign by pulling a wheeled cart collecting donations, exhorting the public to provide toys and stationery material to the Anganwadi children so they are not deprived.



Managing Trustee, Shri L.C. Janiyani with Trustees of Sewa Sadan Eye Hospital, Shri Awatramani and Shri Mahesh Dayaramani.



HIGHLIGHTS

RAAB Survey in Hoshangabad district

The survey was conducted in December 2021 over a period of 10 days screening over 2808 rural population. The survey was a collaboration between, CBM India, Dr. R.P. Centre, AIIMS, Delhi and Sewa Sadan Eye Hospital.

The survey was led by Dr. Praveen Vashist, Head, Community Ophthalmology, Dr. R.P. Centre, AIIMS. A team of ophthalmologists and optometrists from Dr. R.P. Centre AIIMS, New Delhi in partnership with Sewa Sadan Eye Hospital Bhopal conducted the survey. Dr. Sonal Gore and a team from Sewa Sadan Eye Hospital were part of the survey.

The soon-to-released findings of this survey will help form a base for eye care programmes in the state by identifying areas for prioritizing eye health.



Dr. Praveen Vashist with his team from RP Centre along with Sewa Sadan Eye Hospital team.



Excellence in Eye Care

Successful surgery saved sight of 45 days old Mahira



Sewa Sadan Eye Hospital has a full-fledged ROP unit. The ROP project of the hospital was launched with the support and efforts of Bengaluru based philanthropist Manu Chhatlani. BKT Foundation of Balkrishna Industries Mumbai donated Rs. 27 Lakh for Laser Machine and an Imaging Camera in SSEH.

A successful surgery at the Sewa Sadan Eye Hospital's retina department saved the sight of Mahira – a 45-day old preterm baby.

Mahira and her twin Meesha were born to a young couple Anikita and Sonu Soni in Bhopal. Anikita had a difficult pregnancy. The twins were born preterm, through cesarean in the eight months of pregnancy. They weighed a mere 1600 gms each. Two weeks after their birth, the babies were admitted to the Special Newborn Care Units (SNCU) of a referral hospital.

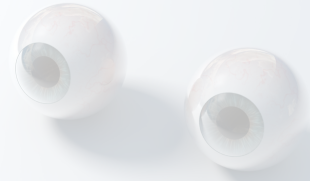
The parents who would have been enjoying the birth of their babies, were at the hospital caring for the babies who were fighting for their lives. After a month's treatment in the SNCU, the parents were advised to consult a retina specialist. The family's ordeal was yet not over.

The government district hospital at Sehore, neighbouring district of Bhopal referred Meesha and Mahira to Sewa Sadan Eye Hospital (SSEH) for retinal check up. Being low weight and having undergone treatment in SNCU, there could be a chance of RoP.

Pediatric retina specialist at SSEH, Dr. Sonal Paliwal assisted by Sr. retina optometrist Ajay Narwariya examined both babies. Fortunately, Meesha's eyes were fine. But Mahira was diagnosed with Retinopathy of Pre maturity (ROP).

Dr. Paliwal with her medical acumen immediately took a decision and performed laser procedure successfully. Today, Mahira is on the road to recovery.

Prosthesis



Ocular prosthesis is an artificial eye, which is implanted in patients who have lost their eye due to various causes such as trauma, surgery, cancer, or in patients with shrunken damaged eyes, congenital absence or abnormally small-sized eyes with no visual potential. These conditions result in cosmetic disfigurement of the face which impacts patients psychologically and acts as a social stigma.

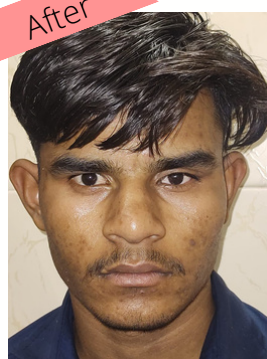
Cosmetic rehabilitation for these patients through the implantation of ocular prosthesis helps in restoring the patients' confidence by improving their external appearance. The Ocular prostheses are fitted behind the eyelids over a shrunken eyeball or an orbital implant placed following surgical removal of the eye.

The Ocular prosthetic Clinic at Sewa Sadan Eye Hospital is equipped with facilities with different types of ocular prosthesis and their implantation. Dr. Archana Bansal heads the department.

January - June
2022



Number of
artificial eyes
implanted
28



News from the Community



**Total Screening
(Vision Centre+Camp)
47810**

**VC Paid
Surgeries
797**

**Free Camp
Surgeries
4105**

**Spectacles Dispensed
16278**

5021 Teleconsultancy

138 Outreach Camps

286 ROP Screening

15 ROP Laser



Encouraging Response for Teleconsultation



Photo Credit: Canva | Image is for representation

There was a rise in numbers for teleconsultation in the last two quarters at nearly 5000 plus cases. These cases are from 7 districts in the state where we made teleconsultation available through select vision centres.

Teleconsultation was introduced as a pilot project in 5 vision centres in 2019 in districts Sehore, Hoshangabad, Raisen and Rajgarh. During the COVID pandemic, the service was extremely useful.

Currently WhatsApp is used for sending the eye images of the patient to the ophthalmologist at the base hospital, Bhopal for consultation.

In some of the vision centres, fundus cameras have been introduced. Soon, this will be extended in one vision centres each in the districts where the teleconsultation is available.

Eye Screening Camps



At Sewa Sadan, we believe safe driving is vital to saving lives. On 14 February 2022, we organised a camp at Bharat Petroleum Corporation Limited by our Senior Optometrist Ajay Thakur. A total of 52 drivers were screened, 24 were advised spectacles and one was detected with cataract.

On 28 February 2022, an eye screening camp at the Central Prison, Bhopal was conducted. Nearly 200 prisoners were screened, of which 162 were found to have refractive error. The hospital distributed free specs. 60 were identified with cataracts. In the subsequent camp, the prisoners will be educated regarding the prevention of eye ailments.

Camp at Central Prison



Camp at RKDF University

A comprehensive eye screening camp was organised by Sewa Sadan Eye Hospital in association with the Department of Science RKDF University on 27 May 2022. The camp was under the aegis of CBM.

Dr. CBS Dangi, Dean, and Professor RKDF University graced the occasion. Mr. Kushal Dharmani, Hospital Administrator and Mr. Heera Thanwani, Liaisoning Officer, Sewa Sadan Eye Hospital were present at the camp.



Dr. CBS Dangi, Dean and Professor RKDF University with Shri. Kushal Dhamani, Admin, SSEH and the SSEH team

Total OPD: 161
Specs distributed: 45
Refer SSEH for Cataract: 9
Refraction Error: 67
Other: 8

Twin Camp for Eye & Dental

Sewa Sadan Eye Hospital and Sant Nirankari Mandal jointly organized a mega free eye & dental diagnostic camp at Sant Nirankari Satsang Bhawan, Jahangirabad Bhopal on 23 February 2022.

Outreach coordinator of SSEH Ms Sonam Vidhani, Shri Purshottam Mulani and Shri Ashok Juneja Zonal Manager of Nirankari Mandal were present.

451 patients were diagnosed with eye and dental problems. These included 289 eye patients. Sr. Dental surgeon Dr. Hansa Dudani examined 162 patients with various dental diseases.

Shri Ashok Juneja appreciated the cooperation of SSEH saying that a large number of urban poor benefit from free medical facilities in these camps.





NEWS from VISION CENTRES

Three vision centres were inaugurated in the past two quarters. With this, the total number of vision centres run by SSEH is 39.

Of the three inaugurated, one is in district Hoshangabad, and the other two are in Bhopal district.

We thank Mission for Vision, Wen Giving Foundation and CBM for supporting these vision centres.

Bankhedi VC Inaugurated



Top: Mrs. Sunita Badhwa inaugurating the vision centre. Shri L.C. Janiyani and Shri Manoj from SSEH are present.

With the collective efforts of Mission for Vision, Wen Giving Foundation and Sewa Sadan Eye Hospital, a new vision centre was launched at Bankhedi, Narmadapuram district of Madhya Pradesh.

On International Women's Day, 8th March, 2022, Mrs. Sunita Badhwa Block Education Officer and President of Mahila Mandal inaugurated the 37th vision centre at Bankhedi, District Hoshangabad, Madhya Pradesh. Shri. Daduveer Singh Patel (Ex Councilor), Shri. Parshuram Ji (Member of Gaytri Parivar) also graced the occasion.



The chief guest inaugurating the equipment with an eye check up.

Vision Centre at Vidisha

The vision centre at Vidisha, Bhopal district was inaugurated by MLA, Shri Shashank Bhargava on 31st March, 2022. The inaugural ceremony was presided over by Chairperson, Vidisha Vyapar Mahasangh, Shri Munna Lal Jain.

Shri Manoj Katare, BJP representative; Office bearer of Sindhi Panchayat, Shri Harish Wadhvani and Trustee, Sewa Sadan Eye Hospital, Shri Awatramani graced the occasion.

The centres is supported by INGO CBM.



Shri Shashank Bhargava, Shri Munna Lal Jain and Shri Awatramani at the inauguration



A vision centre was opened at Neelbad in Bhopal district supported by INGO CBM.

Seva supports ROP Project

Seva Foundation is partnering with SSEH for strengthening hospital eye care delivery capacity in respect to ROP in 3 districts of Vidisha, Bhopal and Sehore in Madhya Pradesh. This is a 2-year project and includes teleconsultation through primary eye care centres located in 36 different locations of Madhya Pradesh. The project commenced in March 2022.



Training & Workshops

The sustainability of vision centres is as important as its volume. HR is one of the crucial components. To address these issues and the smooth operation of vision centres, Mr. Franklin Daniel, General Manager - Vision Centre Programme, Mission for Vision held a workshop on 'Sustainability of Vision Centres'. Twenty participated in the workshop.

He visited the five vision centres established in partnership with Mission for Vision - Hoshangabad, Itarsi, Seoni Malwa, Sohagpur and Bankhedhi.

Sharing his experience of the visit, Mr. Daniel said, "It is always an encouraging and learning experience to meet the VC teams & the management at SSEH".



Education



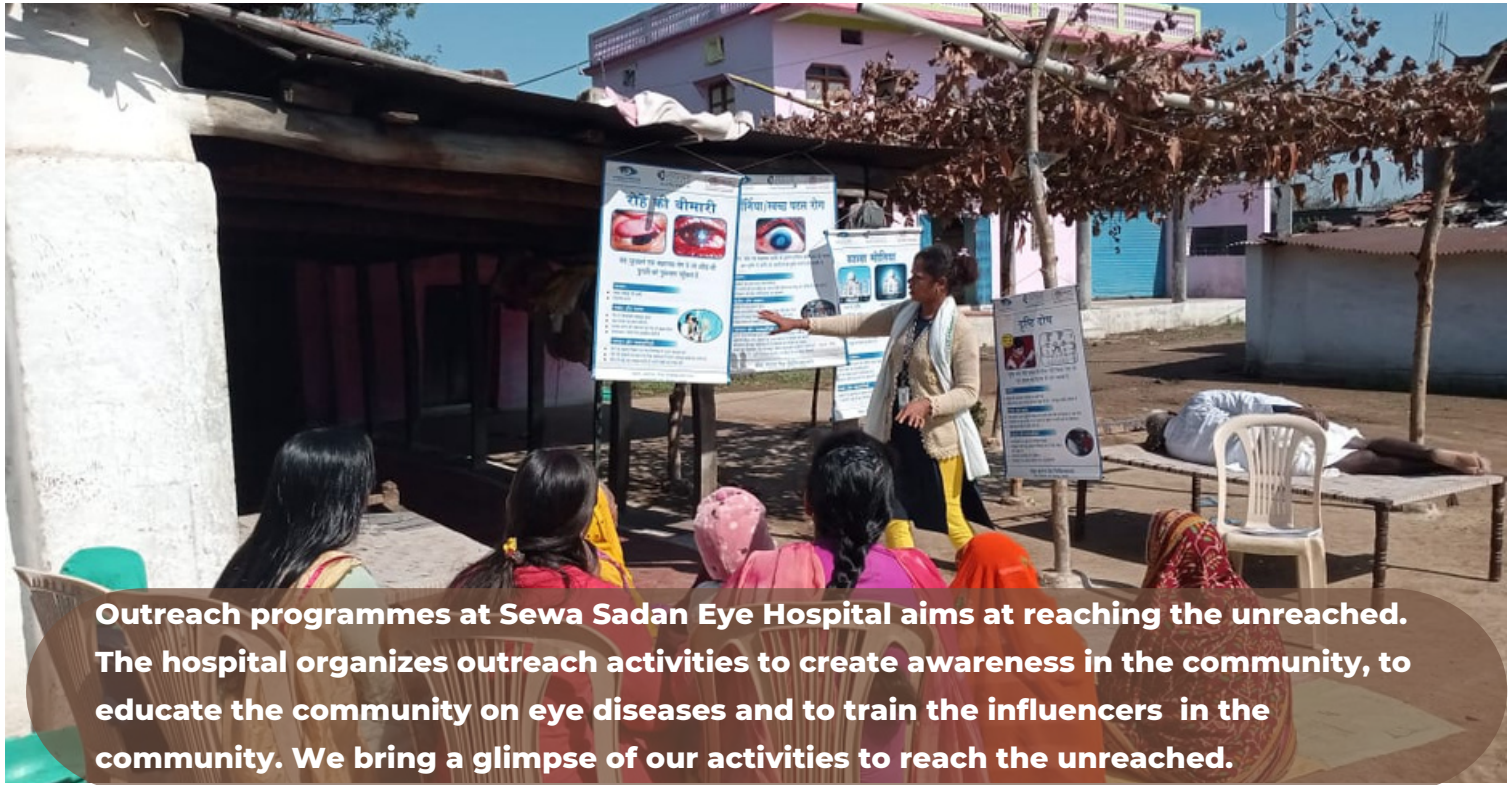
Sewa Sadan Eye Hospital had the privilege of being selected as a centre for the prestigious DNB examinations for students who appeared from Madhya Pradesh state. This is for DNB December examination 2021. Our hospital was the 2nd such centre in MP for the exam. A total 7 students appeared for the exam.

Dr. Purna Upadhyaya, Medical Director, SSEH was one of the 4 examiners for the exam.

Sewa Sadan Eye Hospital runs a DNB programme from year 2021.



Outreach



Outreach programmes at Sewa Sadan Eye Hospital aims at reaching the unreached. The hospital organizes outreach activities to create awareness in the community, to educate the community on eye diseases and to train the influencers in the community. We bring a glimpse of our activities to reach the unreached.

Training PRI's



Four training programmes for PRI members was organised in our targeted intervention districts. The training was provided by senior optometrist. The training schedule included awareness of the definition of blindness and visual impairment and their causes. PRI's were given an overview of common eye conditions and their referral. A total 288 participants attended the training.

Districts where trainings were held

Hoshangabad

NGO and CBO Training - 32
PRI Training - 107

Sehore
PRI Training - 29

Harda
PRI & NGO Training - 107

Training ASHA's on Eye Health Problems



ASHAs serve as a bridge between the health care system and the rural population. Optometrists provided training to ASHA workers on common eye diseases. A total of 829 ASHA workers were trained in these workshops.

OEU Team visits Vision Centres at District Raisen

Mr. Kashinath Bhoosnurmath, President & CEO, Operation Eyesight Universal; Dr. Troy Cunningham, India Country Manager, and Mr. Yashwant Sinha from OEU visited the vision centres at Raisen district supported by OEU. The team interacted with the community there to know how access to eye health centres had benefited them.



OEU Team visiting Raisen district



A visit to project site at Singrauli

Mr. Manoj Dhavadiya, Programme Manager and Mr. Pankaj Tiwari, Project Manager SSEH visited Singrauli to evaluate OEU supported projects in the district. The project aims at strengthening the government systems for the delivery of eye health. During the three days visit between 21 – 23 June, 2022, the team visited CHCs, PHCs, sub centres, and the district hospital where the project is running.

Mr. Manoj Dhavadiya, Mr. Pankaj Tiwari and Mr. Harish.

Awareness Days

Glaucoma Awareness Week



In a fantastic show of collaboration to create awareness on glaucoma, Sewa Sadan Eye Hospital participated in a Glaucoma Awareness Rally organised by the Bhopal Divisional Ophthalmic Society on 7 March, 2022.

Honourable Minister for Medical Education, Government of Madhya Pradesh, Shri Vishwas Sarang was the chief guest for the occasion.

Eye hospitals and ophthalmologists from the city walked through the main bridge of the city which was lit green for the rally. Shri L.C. Janiyani, Managing Trustee, SSEH and his team contributed in creating awareness on this 'Silent thief of Sight'.



To mark the awareness week, a free glaucoma eye screening camp was conducted at the hospital premises on 11 March 2022. At districts Sehore & Harda free eye check-up was conducted for glaucoma.



International Women's Day – Break the Bias



On the occasion of the International Women's Day cultural programme and quiz competition was organized at the hospital. Members of the hospital's Management committee facilitated the women employees of the hospital.

Medical Director, SSEH, Dr. Perna Upadhyaya along with Sr. Ophthalmologists, Trustees Shri Hero Gyanchandani and Shri Tulsi Adwani, Hospital Administrator Shri Kushal Dharmani and Smt. Anusha Pathak were present to celebrate the day.



Observing Nurses Day



International Nurses Day was observed on 13 May 2022. Addressing a gathering of hospital staff, Dr. Perna Upadhyaya said that women are comparatively more empathetic than others so they render their services with full sympathy. A quiz competition was organized which saw large participation from the female staff. Winners were given prizes by Shri Kushal Dharmani.



**This newsletter is published by
Sewa Sadan Eye Hospital**

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